



WORKSHOPS

(Grant) application workshop

How to articulate your artistic ideas or practise in a grant or residency application? How to draw up a reasonable budget for an art project?

In this workshop, lecturers of the University of the Arts share their knowledge on applying for grants from both private and public sources and answer participants' questions. The workshop is targeted/aimed at artists in the early stages of their (grant applying) path.

Warmly welcome.

Laura Lehtinen is a lecturer in Finnish language and communication skills. She also works as a dance artist: facilitator, choreographer, group leader, performer, mentor, writer, and teacher.

Riitta Huttunen is a lecturer on personal growth and working life skills. In the freelance field of music, she works with event production, mentoring, public relations, and application services. She also has experience as a member of the curatorial team in Music Creators' Fund and Arts Promotion Centre Finland.

- **Workshop 1 at 13.30-14.30 (max. 20 participants)**
- **Workshop 2 at 15.00-16.00 (max. 20 participants)**

Job-seeking workshop!

In this 1,5 h workshop, you'll learn the basics about finding a job in Finland. We'll go through the following topics that will help you find a job in Finland.

- **Job application documents:** how to build a distinctive CV and motivation letter that is suitable for Finnish working life?
- **Hidden jobs:** what are they, why are they important, and where to find them?
- **Identifying and building networks:** how to build both social and professional networks in Finland?

The workshop is tailored specifically for students and staff of the Uniarts Helsinki and their spouses. International artists residing in Finland are also warmly welcome.

The workshop is held by specialists of Männikkömetsä Oy.

Meet our coaches:

Sakari Siilin

Sakke is an encouraging coach who finds the right questions and tools to highlight one's strengths. He did his exchange in 2016 in Lugano Switzerland.

Aapeli Tourunen

Aapeli is a supportive coach who can always find the silver lining in everything. He did his exchange in 2015 in Prague, Czech Republic, and completed a traineeship in Budapest, Hungary.

- **Workshop 3 at 13.30-15.00 (max. 12 participants)**
- **Workshop 4 at 16.00-17.30 (max. 12 participants)**